

FALL/WINTER 2019 PROGRAM GUIDE



FLUVANNA PARKS & RECREATION

- Active Older Adults
- Athletics and Fitness
- Enrichment
- Halloween
- Outdoor Activities
- Special Events



Goodbye Summer, Hello Autumn... Pumpkin Spice and Everything Nice!

FLUVANNA COUNTY PARKS AND RECREATION STAFF

Aaron Spitzer	Director of Parks and Recreation	aspitzer@fluvannacounty.org	(434) 589 - 2016
Malinda Payne	Administrative Assistant Specialist	mpayne@fluvannacounty.org	(434) 589 - 2016
Eric Armentrout	Recreational Programs and Special Events	earmentrout@fluvannacounty.org	(434) 842 - 3150
Faith Stuart	Active Seniors and Therapeutic Recreation	fstuart@fluvannacounty.org	(434) 842 - 3150
Dylan Morris	Athletics and Special Events Coordinator	dmorris@fluvannacounty.org	(434) 589 - 2016
Brian Coffield	Museum Attendant	pghmuseum@fluvannacounty.org	(434) 589 - 2016
Jane Berkeley	Museum Attendant	pghmuseum@fluvannacounty.org	(434) 589 - 2016

MISSION STATEMENT: Our Parks and Recreation Department's mission is to promote opportunities for residents to pursue safe and enjoyable leisure activities in balance with the protection and conservation of Fluvanna's natural resources.

FLUVANNA COUNTY PARKS AND RECREATION ADVISORY BOARD

Tony O'Brien	BOS Liaison	tobrien@fluvannacounty.org	(434) 242 - 1659
Wade Parrish	Chairman	parrishw@embarqmail.com	(434) 981 - 4490
Jerry Custer	Vice Chairman	jcuster@radiometeramerica.com	(434) 589 - 3969
Scott Morris	School Liaison	smorris@apps.fluco.org	(434) 589 - 8208
David Wood	At Large	halloween13dw@gmail.com	(434) 962 - 7880
Walter Hussey	At Large	whthinker@yahoo.com	(703) 967 - 1798
Wendy Edwards	At Large	hppermediahq@gmail.com	(434) 996 - 8144
Hattie Lintecum	Student	hattie805lintecum@gmail.com	
Madeline Fulk	Student	Maddie.fulk03@gmail.com	



Members shall advise the Director of Parks and Recreation and the Board of Supervisors on the planning and development of a comprehensive system of parks and recreation services for the benefit of the citizens of Fluvanna County. Members also serve as a liaison between the Parks and Recreation Director, the Board of Supervisors and the citizens of the county.

FLUVANNA COUNTY BOARD OF SUPERVISORS

Mike Sheridan	Chairman Columbia District (Chair)	mikesherdan@fluvannacounty.org
Tony O'Brien	Rivanna District (Vice Chair)	tobrien@fluvannacounty.org
Mozell Booker	Fork Union District	mbooker@fluvannacounty.org
Donald W. Weaver	Cunningham District	dweaver@fluvannacounty.org
Patricia Eager	Palmyra District	peager@fluvannacounty.org



Board of Supervisors Meetings are the first Wednesday at 4 pm and third Wednesday at 7 pm of every month.
BOS info at www.fluvannacounty.org/bos

FLUVANNA COUNTY . . . A great place to live, learn, work and *play!*



Like us on
Facebook

Event Updates, Photos and Current Trail Info...
www.Facebook.com/FluvannaParksandRecreation

TABLE OF CONTENTS

◆ Athletics and Fitness	2
◆ Active Older Adults	6
◆ County Fair	8
◆ Halloween	11
◆ Dog Obedience	12
◆ Enrichment	14
◆ Winter Break	15
◆ Disc Golf	15
◆ Outdoor Activities.....	16
◆ Holiday Celebration	18
◆ Community Safety Day.....	19
◆ Library Programs.....	20
◆ Master Naturalist Monthly Hikes	21
◆ Rates and Rentals	23
◆ Registration Form	24

Financial Assistance

FCPR offers scholarships to Fluvanna County residents who qualify. Please fill out a scholarship application and provide a copy of your most recent pay stub for management to review. You can find the form on the Parks and Recreation website or at one of our offices. Each household member is allowed one discounted program per program guide.

Volunteer Opportunities

We are committed to working cooperatively in the development of programs and amenities to identify and meet the needs of our citizens. Become an active partner with us as we strive to improve the quality of life for all Fluvanna County residents.

Interested in Teaching a Class?

Teaching doesn't have to be hard! We will help you. Tell us what you would like to teach, we'll help you create a curriculum, advertise the program, and bring you the students.

Call (434) 589 - 2016 for information.

HOW TO REGISTER FOR PROGRAMS

- Registration for all programs opens when the current program guide is distributed.
- You must be signed up one week prior to the first class of each session.
- You must be registered to participate in a program, unless listing states otherwise.
- Register online at <https://fluvanna.recdesk.com> and click "Log In".
- Register in person at the following locations during business hours:
 1. **Pleasant Grove House Museum**, 271 Pleasant Grove Drive, Palmyra, VA 22963
Monday - Friday, 8 AM - 5 PM & Saturday - Sunday 12 - 4 PM.
 2. **Fluvanna Community Center**, 5725 James Madison Highway, Fork Union, VA 23055
Monday - Friday, 8 AM - 5 PM.
- After business hours, you can leave registrations and payments in one of our drop boxes:
 1. **Pleasant Grove Equestrian Parking**, 271 Pleasant Grove Drive, Palmyra, VA 22963
 2. **Carysbrook Sports Complex**, 8788 James Madison Highway, Palmyra, VA 23055
 3. **Fluvanna Community Center**, 5725 James Madison Highway, Fork Union, VA 23055
- Payment is due one week before program starts.
- **COURSE INSTRUCTORS DO NOT COLLECT FEES.**
- A \$20 charge is added for returned checks.
- **Refund Policy:** Refunds may be given when requested provided the request is made prior to the start of the activity. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule. If supplies were purchased on your behalf, that amount may also be deducted from your refund. Allow up to 30 days for your refund to be returned. A \$20 service charge will be assessed for any returned checks.

ATHLETICS AND FITNESS

HATHA YOGA 1 & 2 MIXED LEVELS

Ages 16+ / See Dates Below / 10:30 - 11:45 am / \$48 / Fluvanna Community Center

Discover new health and serenity by learning to both tone and relax the body and to calm the mind. Bring a mat and small pillow. Do not eat for two hours prior to class. Beginners are welcome! Instructor Devi Peterson (RN) is certified to teach Integral Yoga Hatha Levels 1 and 2. If you need to register before class, please arrive 15 minutes early. *No Class on Columbus Day.*

Session 1:	Sep 23 - Nov 4	Mondays (No class on 10/14)
Session 2:	Oct 2 - Nov 6	Wednesdays
Session 3:	Nov 18 - Dec 30	Mondays (No class on 12/23)
Session 4:	Nov 13 - Dec 18	Wednesdays



Contact Dylan Morris with questions at (434) 589 - 2016 or dmorris@fluvannacounty.org

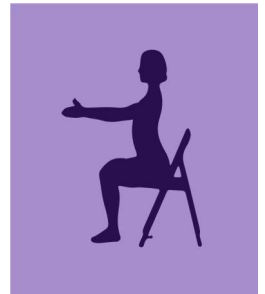
CHAIR YOGA FOR BEGINNERS AND BEYOND

Ages 16+ / See Dates Below / 4 – 5 pm / \$45 / Fluvanna Community Center

Chair Yoga is a practice of postures with the support of a chair. A series of mindful and gentle movements are practiced both sitting and standing (optional). Chair Yoga can increase flexibility, strength, self-esteem, help with balance and create a general sense of calm. It is a wonderful practice for seniors and people with limited mobility.

Session 1:	Sep 3 - Oct 1	Tuesday
Session 2:	Oct 15 - Nov 19	Tuesday (No class on 11/5)

Contact Dylan Morris with questions at (434) 589 - 2016
or dmorris@fluvannacounty.org



CHEERLEADING

Ages 5 - 13 / Mondays Dec 2 - Mar 9 / 3 - 5 pm / Regular Extended Education fee \$5 per day + \$15 shirt cost / Central Elementary



Extended Education is partnering with Parks and Recreation to offer cheerleading. Participants must be registered as Extended Education students. They will be expected to follow all the rules and requirements of that program. Cheerleading will end at 5 pm, and participants may be picked up at that time or parents can pick them up until 6 pm without an additional fee. After-school transportation can be provided from Fluvanna County Schools to Central Elementary. Saturday games begin January 4, 2020.

Contact Gary Greenwood with questions at (434) 589 - 8318 or exeducation@apps.fluco.org

ATHLETICS AND FITNESS

LITTLE TYKES BASKETBALL DEVELOPMENT

Ages 3 - 4 / Nov 2 - Dec 14 (No Class Nov 30) / 9 - 10 am / \$50 / Carysbrook Gym

Players will learn the basics of basketball and skill development.

This program is designed to introduce your child to the fundamentals of basketball while participating in fun skill exercises, relays and game-like situations. This program is taught by Coach Harold Boyd, an experienced basketball coach. He is patient, knowledgeable and understanding and will lead all clinics and games.

All sessions are organized by age. ***Open until filled. Space is limited!***

MIGHTY MITES BASKETBALL DEVELOPMENT

Ages 5 - 6 / Nov 2 - Dec 14 (No Class Nov 30) / 10 - 11 am / \$50 / Carysbrook Gym

Players will learn the basics of basketball and skill development.

This program is designed to introduce your child to the fundamentals of basketball while participating in fun skill exercises, relays and game-like situations. This program is taught by Coach Harold Boyd, an experienced basketball coach. He is patient, knowledgeable and understanding and will lead all clinics and games.

All sessions are organized by age. ***Open until filled. Space is limited!***

FCPR BASKETBALL LEAGUE

Ages 7 - 17 / Deadline to sign up Nov 22 / \$70 / Late Fee \$10 / Carysbrook Gym

Games are on Saturday Starting at 9 AM

The FCPR Basketball League is an excellent place for players to learn good sportsmanship and fair play. Participants must meet age requirements by February 1, 2020. Teams will practice once a week between Monday and Thursday. The team selection process will be based on a player evaluation and last season participation. Evaluations will be held at Carysbrook Gym, see dates and times below. Special request for coaches and teammates will be evaluated on a case-by-case basis. All children are required to play half of each quarter of the game. Games are scheduled on Saturday mornings starting at 9 am.

EVALUATION TIMES & DATES: Evaluations will be held at Carysbrook Gym

Age Range:	Evaluation:	Time:
7-8 year olds	Nov 12	6-8 pm
9-10 year olds	Nov 13	6-8 pm
11-13 year olds	Nov 20	6-8 pm
14-17 year olds	Nov 21	6-8 pm



Contact Dylan Morris with questions at (434) 589 - 2016 or dmorris@fluvannacounty.org
Register online at <https://fluvanna.recdesk.com>

*** COACHES & REFS ARE NEEDED! Contact Dylan Morris with questions at (434) 589 - 2016 or dmorris@fluvannacounty.org**

ATHLETICS AND FITNESS

WHO'S GOT **GAME**?



OPEN GYM / Free / Autumn Hours Beginning Aug 19 / Carysbrook Gym
Hours subject to change and closure. Call (434) 589-2016 or Check our Facebook page for current hours and closures. www.Facebook.com/FluvannaParksandRecreation

- ♦ Monday 6 - 8:30 pm Pickleball
- ♦ Tuesday 6 - 8:30 pm 17 under Basketball
- ♦ Wednesday 6 - 8:30 pm all age Basketball
- ♦ Thursday 6 - 8:30 pm adult Basketball
- ♦ Fridays 1:30 - 4 pm adult Pickleball
- ♦ Saturday 6 - 8 pm adult Pickleball

Open Gym Closes Nov 8, Monday-Thursday for Basketball League and will resume in mid-March.

INTRODUCTION TO PICKLEBALL

Ages 15+ / Free / See dates below / 5 - 6 pm / Free / Carysbrook Gym

Pickleball the easiest sport to learn and the hardest to master, this is a class to introduce you to the fastest growing sport for athletes 50 and over. No equipment is needed. A minimum of 4 participants must be registered the week before, for this class to run.

Saturday, Sep 7

Saturday, Oct 5

Saturday, Nov 2

Saturday, Dec 7

PICKLEBALL / Adults / Free / Carysbrook Gym

Aug 19 - Nov 25 / Mondays, 6 - 8:30 pm / Fridays, 1:30 - 4 pm / Saturdays, 6 - 8 pm

Dec 2 - Mar 16 / Mondays, 6 - 8:30 pm (at FMS Annex Gym) / Fridays, 1:30 - 4 pm / Saturdays, 6 - 8 pm

Closed Sep 2, Oct 14, Nov 11 and Dec 25-28



Pickleball is a cross between Ping Pong, Tennis, and Badminton and is the fastest growing sport for athletes 50 and over! Players use oversized wooden paddles and a whiffleball that moves and bounces slower than a tennis ball. The game is played on a badminton-sized court that is divided by a 34 inch high net making the game easier for athletes to cover the court. Paddles and balls are provided. Come and join this activity, which is fast paced, easy to learn, great exercise, and a lot of fun.

ATHLETICS AND FITNESS

HOMESCHOOL GYM

Ages 5 - 14 / Thursdays, Sept 12 - Oct 17 / Carysbrook Gym

\$40 per child \$5 off for additional siblings

Ages 5 - 9: 10 - 10:50 am

Ages 10 - 14: 11 - 11:50 am

Looking for a way to get your child involved in physical activity? This program is what you are looking for. Kids will be moving around as we learn the basics of a few sports. We will play various gym games.

Contact Dylan Morris with questions at (434) 589 - 2016 or dmorris@fluvannacounty.org

AFTER SCHOOL KARATE / TAE KWON DO KARATE

Ages 5+ / Wednesdays, see dates and times below / \$55 / Carysbrook Gym

This martial arts is a branch of Grand Master Dong's whose headquarters is in Richmond. Beginner students will learn the basics (stances, front snap kick, blocks, punches, and self-defense grabs). These classes help to improve self-confidence and self-discipline while learning how to protect and defend. Skills are taught and reinforced with fun learning skills (targets, stations, partners, and blocking games). Students are always learning while never getting bored! Colored belt students will continue to learn their requirements for their next ranking belt. Taught by 5th Degree Master Bonnie Snoddy.

SESSION 1: Sept 4 - Oct 9

BEGINNER NO BELTS (ages 5 & up) 3:30 - 4:00 pm

COLORED BELTS (all colored belt ranks) 4:00 - 4:45 pm

ADVANCED STUDENTS (Green Belts and Up) 4:50 - 5:30 pm



SESSION 2: Oct 16 - Dec 4 (Class on Mon Oct 21 and Mon Nov 25) (No class Oct 30, Nov 6,13 and 27)

BEGINNER NO BELTS (ages 5 & up) 3:30 - 4:00 pm

COLORED BELTS (all colored belt ranks) 4:00 - 4:45 pm

ADVANCED STUDENTS (Green Belts and Up) 4:50 - 5:30 pm



Contact Dylan Morris with questions at (434) 589- 2016 or dmorris@fluvannacounty.org

FAST / YEAR-ROUND SWIMMING / WWW.ISWIMFAST.ORG

Ages 4 -18 / All Skill Levels / Practice held at Fork Union Military Academy (FUMA)

Stroke & Turn / \$110 per month / Mon-Wed or Tue-Thur / 5:30-6:30 PM / 6:30-7:30 PM

Learn to Swim / \$85 per month / Mon-Wed or Tue-Thur / 5:40-6:30 PM / 6:40-7:30 PM

Our clinics/lessons run monthly, beginning in September.

For questions, please contact Dylan Morris at (434) 589-2016 or dmorris@fluvannacounty.org

Register online at www.iswimfast.org/swim-programs/summer-swim



ACTIVE OLDER ADULT CENTERS

Cunningham, 2977 West River Road Scottsville, VA 24590

Mondays at Center:	Aug. 5	Sep. 9	Oct. 7	Nov. 4	Dec. 2
Monday Trip Days:	Aug. 19	Sep. 23	Oct. 21	Nov. 18	Dec. 18

Troy, Beaver Dam Baptist Church 1794 Richmond Road Troy, VA 22947

Tuesdays at Center:	Aug. 6	Sep. 3	Oct. 1	Nov. 5	Dec. 3
Tuesday Trip Days:	Aug. 20	Sep. 17	Oct. 15	Nov. 19	Dec. 18

Fork Union, 5725 James Madison Hwy Fork Union, VA 23055

Wednesdays at Center:	Aug. 7	Aug. 14	Aug. 21	Aug. 28	Sep. 4
	Sep. 18	Sep. 25	Oct. 2	Oct. 9	Oct. 23
	Oct. 30	Nov. 6	Nov. 20	Dec. 4	Dec. 18
Wednesday Trip Days:	Sep. 11	Nov. 13			

Kents Store, ARC 111 Kents Store Way Kents Store, VA 23084

Thursdays at Center:	Aug. 8	Sep. 26	Oct. 10	Nov. 14	Dec. 12
Thursday Trip Days:	Aug. 22	Sep. 12	Oct. 24		Dec. 18

Fluvanna County's Senior Programs provide a variety of activities for those 55 and over. Join us for charitable projects, exercise games, games with prizes, trips, guest speakers, hot lunch and community forums. **Please refer to our color-coded monthly program calendar posted at the County Library and on the FCPR Facebook page for current information and updates: www.Facebook.com/FluvannaParksandRecreation**

Centers will be open unless there is inclement weather. Dates are subject to change, please call ahead (434) 842-3150 or check our Facebook page for current calendar.

<https://www.facebook.com/FluvannaParksandRecreation>

All programs are free, unless otherwise indicated. We are actively seeking new members and volunteers are welcome. One-time visits are welcome, too!

For questions, please contact Faith Stuart at 842-3150 or fstuart@fluvannacounty.org

Attention Veterans and Dependents! Do you know your Veterans Benefits? We do!

Virginia Department of Veterans Services

www.dvs.virginia.gov

Need help? Visit us at the Fluvanna Community Center by appointment only.

5725 James Madison Highway

Pamela Zirkle & Jeannette Flint (434) 529 - 6431

By appointment, 1st Wednesdays of each month from 9 - 11:30am



Virginia Department of Veterans Services

ACTIVE OLDER ADULT CENTERS

Upcoming events and speakers at, or through, our Community Senior Centers:

The Fluvanna Community Center is now home to a salsa garden. Everything in it is grown to be made into salsa. Kim Booker, the Family and Consumer Science Agent with Virginia Cooperative Extension will be offering two free classes, at the Fork Union Community Senior Center, using items from this garden.

Thursday August 29th , 9:30-11:30, at the first rooms in the Fluvanna County Library you can bring your laptop to get “cleaned up” so that it can work faster. Jasher Grunau, local computer engineering student, will explain what everyone will be doing, then he will assist anyone with a problem, as they’re doing it. You bring your own laptop. No cost. Preregister by 8/23, or when class is full. Space is limited.

Free and Local Medicare Open Enrollment Counseling through JABA: 10/18 (Fork Union), 10/23 (Fork Union), 11/5 (Troy), 11/20 (Fork Union) Call Randy Rodgers at 434-817-5248 to make an appointment.

Annual Holiday Celebration will be on 12/18. It’s a free event put on by Parks & Rec for those who regularly attend one of our four Senior Centers.

Big Spring Trip 4/8/20, location TBD.

Join or visit your local community senior center where those who attend decide on future outings, charitable projects, volunteer opportunities, puzzles, book exchanges, classes, crafts, exercises, games, trips, and guest speakers. Each “at Center” day is from 10am to 2pm. Cunningham, Troy and Kents Store centers each meet twice a month; once at their center, and once taking a trip from that center. Fork Union meets every Wednesday, with the exception of their occasional trip. Posted center schedules are subject to change, call (434) 842-3150 to make sure that there have been no changes. Updates can be found on Parks and Recreation’s or JABA’s Facebook pages:

<https://www.facebook.com/FluvannaParksandRecreation>

<https://www.facebook.com/jaba.fluvannacenters>



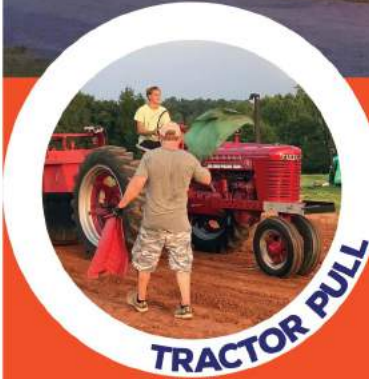
Color-printed monthly calendars are available at the Fluvanna County Library, and at both of the Parks & Rec offices.

For questions, or to get on an email list to receive weekly agendas and monthly calendars (your email address will not be shared) please contact Faith Stuart at 842-3150 or fstuart@fluvannacounty.org

FCPR INCLEMENT WEATHER POLICY: In the event of inclement weather, the Fluvanna County Parks and Recreation Department’s sponsored activities will be cancelled when Fluvanna County Public Schools are on a delay or closed due to inclement weather. Visit our Facebook page @ www.facebook.com/FluvannaParksandRecreation for current announcements or call (434) 589-2016 or (434) 842-3150, Monday - Friday 8am - 5pm.

FLUVANNA COUNTY FAIR

The fun begins August 14th



... contests, skill-a-thons, bounce houses, kids zone, and so much more!

FLUVANNA COUNTY FAIR

AUGUST 15TH *through* **17TH**

at Pleasant Grove Park

Carnival starts Wednesday, August 14th

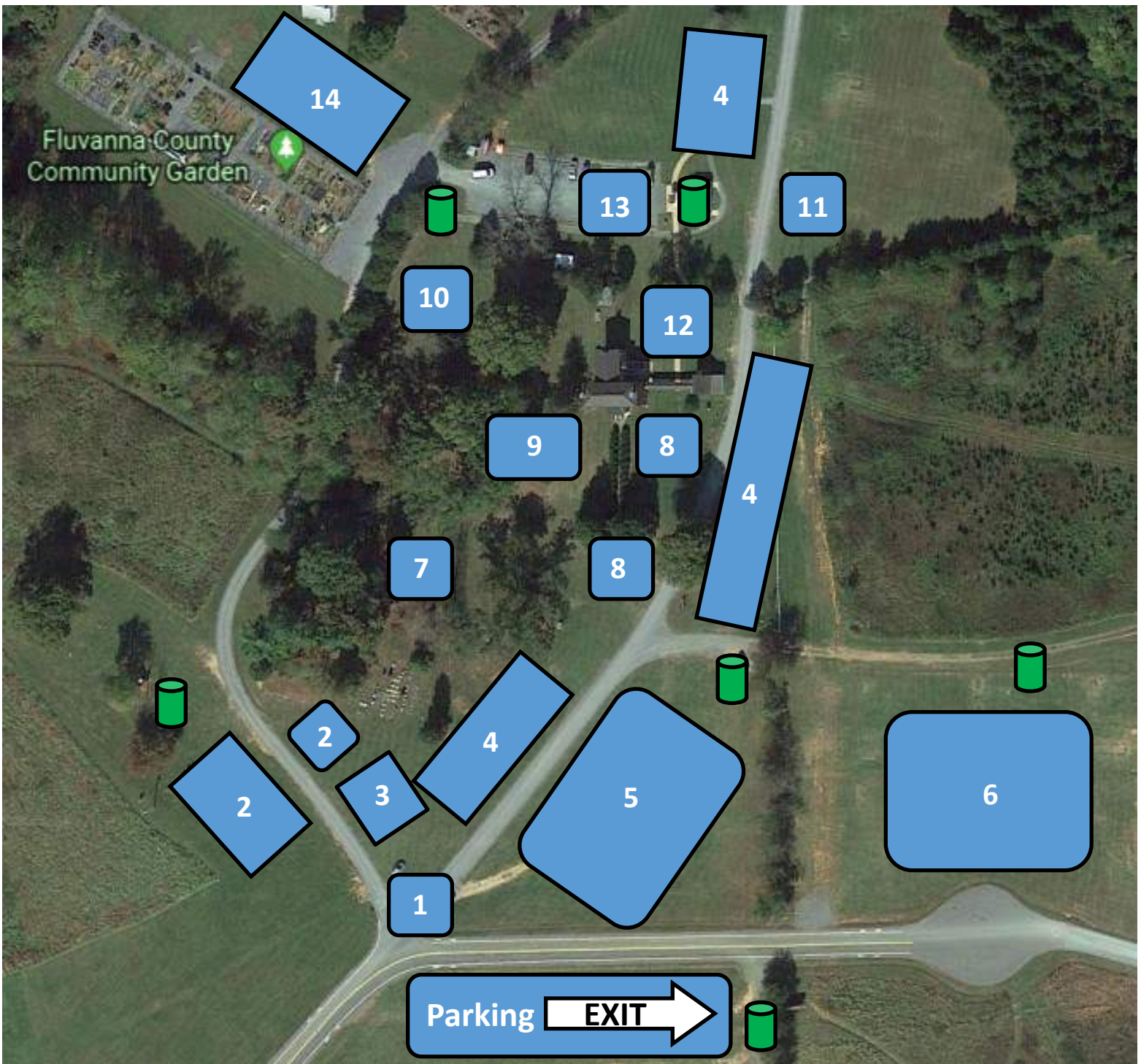
*Affordable family fun,
all weekend long*

\$2.00 General Admission
Children 2 and under FREE!



LIKE US, FOLLOW US,
AND STAY IN THE KNOW

Be a friend of the fair! Sponsor us!
Contact fluvannafair@gmail.com



Fair Layout Legend

- | | | |
|---|---------------------------------|---|
| 1 - Main Gate | 7 - Stage (Thu-Sat) | 14 - Vendor Parking |
| 2 - 4H / VCE | 8 - Food Vendors |  - Restrooms |
| 3 - Home Arts | 9 - Kids Zone | |
| 4 - Non-Food Vendors | 10 - Petting Zoo (Sat) | |
| 5 - Carnival Area | 11 - Farm Heritage Museum | |
| 6 - Tractor Pull (Fri)
- Rodeo (Sat) | 12 - Corn-Hole Tournament (Sat) | |
| | 13 - Excavator Challenge (Sat) | |



Kings Dominion Discount Tickets

Good Any Day: \$43.00 ages 3 and above. Valid any regular operating day during the 2019 season except park rental days, check website for those dates/days. www.KingsDominion.com

Super Saving Tickets: \$40.00 ages 3 and above.

Super Saving Tickets valid for the following dates:

September 21 – October 27 (weekends only)

Purchase Kings Dominion Discount Tickets at

Pleasant Grove House Museum

271 Pleasant Grove Drive, Palmyra, Virginia

(434) 589-2016



Call (434) 589-2016 for information



Join Fluvanna County for our **15th Annual Halloween Festival!**



Friday, October 25 at the Fluvanna County Library
5:00 - 8:30 pm... Arts & Crafts - Magic Show - Movie
Free Popcorn during movie!

Saturday, October 26, 6:00 - 8:30 pm at the

Pleasant Grove Pole Barn

Semi-Scary Hayrides! Crafts & Games

Costume Contests - 4 Age Groups - Judging @ 7:30 pm

Jack-O-Lantern Contest, Carve at Home...

2 Age Groups / 12 and younger, 13 and older - Judging @ 8:00 pm

Contact Eric Armentrout with questions at (434) 842-3150 or earmentrout@fluvannacounty.org



Trunk or Treat in the Village of Palmyra

with the Fluvanna County Circuit Court

**Thursday, October 31, from 5:30 to 7:00 pm in the parking lot
for the Heritage Rail Trail, across from the Courthouse.**

Co. 1, Palmyra Fire Dept. Parade begins at 7:00 pm

Costume Contest to follow on the Historic Courthouse steps.

Hosted by the Fluvanna County Circuit Court & Company 1, Palmyra Fire Department.



DOG OBEDIENCE TRAINING



About the Instructor: Upon graduating from UVA, Ashleigh Morris looked to the dog world for a career path. Her natural ability with dogs led her to pursue a career in dog training. Studying under an Animal Behavior Consultant, Ashleigh learned a variety of skills to help people solve their dog's behavior problems. She also learned to train dogs and humans in the basic skills needed to enhance the human - animal bond. Ashleigh has been training on her own since 2005 and continues to expand her knowledge and education in order to help people mold their dogs into the perfect companion. She uses positive reinforcement methods.

Contact Ashleigh Morris at (434) 589 -7209 or aymorris@hotmail.com with any questions. Register online at <https://fluvanna.recdesk.com>

BEGINNING OBEDIENCE

All Ages / See Dates & Times Below / \$80 per Session / Dog Spot @ Fluvanna Community Center

Dogs will be dogs until humans teach them proper manners. Learn how to positively motivate your dog to learn how to live in the human world. This class teaches sit, look, down, stay, come, leave it, and loose leash walking — all building blocks to a well-mannered dog. Typical behavior problems and solutions for biting, barking, and many other issues will be discussed. Dogs of all ages with up-to-date shots are welcome. Families are encouraged to attend together.

Session 1:	Aug 27 - Oct 1	Tuesdays	6:30 - 7:30 pm (skips September 10)
Session 2:	Aug 28 - Oct 2	Wednesdays	3:00 - 4:00 pm (skips September 11)
Session 3:	Oct 9 - Nov 6	Wednesdays	6:30 - 7:30 pm
Session 4:	Oct 10 - Nov 7	Thursdays	10:00 - 11:00 am
Session 5:	Nov 12 - Dec 17	Tuesdays	6:30 - 7:30 pm (skips December 3)
Session 6:	Nov 13 - Dec 18	Wednesdays	10:00 - 11:00 am (skips December 4)



CANINE GOOD CITIZEN OR INTERMEDIATE OBEDIENCE OR CONFIDENCE CLASS*

Dates and Times Below / \$80 / Dog Spot @ Fluvanna Community Center

Session 1:	Aug 27 - Sep 24	Tuesdays	7:30 - 8:30 pm (CGC will end October 1) (skips Sept 10)
Session 2:	Aug 28 - Sep 25	Wednesdays	4:00 - 5:00 pm (CGC will end October 2) (skips Sept 11)
Session 3:	Oct 9 - Oct 30	Wednesdays	7:30 - 8:30 pm (CGC will end November 6)
Session 4:	Oct 10 - Oct 31	Thursdays	9:00 - 10:00 am (CGC will end November 7)

***Last offering of the Confidence Class for the season-will be offered again next spring.**

Session 5:	Nov 12 - Dec 17	Tuesdays	6:30 - 7:30 pm (Intermediate ends Dec 10) (skips Dec 3)
Session 6:	Nov 13 - Dec 18	Wednesday	9:00 - 10:00 am (Intermediate ends Dec 11) (skips Dec 4)

***Depending on demand, one of these classes will run during the designated dates and times. Please let Ashleigh know as soon as possible which class you are interested in. You will be contacted closer to the class date as to which class will be held. Since the Confidence Class is held outdoors, the dates/times it is offered is seasonal**

FCPR INCLEMENT WEATHER POLICY: In the event of inclement weather, the Fluvanna County Parks and Recreation Department's sponsored activities will be cancelled when Fluvanna County Public Schools are on a delay or closed due to inclement weather. Visit our Facebook page @ www.facebook.com/FluvannaParksandRecreation for current announcements or call (434) 589-2016 or (434) 842-3150, Monday - Friday 8am - 5pm.

DOG OBEDIENCE TRAINING



CANINE GOOD CITIZEN

This class is designed to teach you how to teach your dog to be a good citizen in the community. Ashleigh will spend each class teaching and perfecting the 10 skills needed to pass the AKC Canine Good Citizen test. She is an approved AKC Canine Good Citizen Test evaluator.

The official AKC CGC Test is offered for an additional fee at graduation. This is a 5-week class.

CONFIDENCE BUILDING

Help your dog gain confidence while you have fun teaching your dog to conquer a variety of obstacles. The more dogs learn and try new things, the more confidence they obtain. Continuing to work together helps them place more trust in their human and strengthen your bond. This is a 4-week class.

INTERMEDIATE OBEDIENCE

Take your dog's training to the next level. In Intermediate Obedience, learn to get your dog to focus on you and respond to you with lots of distractions. You and your dog will build on the skills learned in Beginning Obedience. There is a focus on hand signals and making the basic commands more challenging. This is a 4-week class.

***Graduates of the Beginning Obedience Class may enter these classes. If you have a question about your dog's obedience level please contact Ashleigh at (434) 589 -7209 or aymorris@hotmail.com**

DOG TRAINING ONE-DAY CLINICS

Dates and Times Below / \$30 per Clinic / Dog Spot @ Fluvanna Community Center

A dog-training session without your dog? It's a great way to get started, or to refresh what you've already learned. Clinic I is the prerequisite for moving forward in a series to school a canine companion you'll be proud of (unless you have done training with Ashleigh). Once you've grasped the basics, you can sign up for the second, third and fourth installments to build a vocabulary of commands. (Your 4 legged friend gets to attend the other Clinics with you).

Clinic I: Monday, Sept. 23 6:00 - 7:00 pm

WITHOUT DOGS! No, you didn't read that wrong! This Clinic is designed so that the 2-legged students can learn how to use positive reinforcement to achieve training goals. Since you are your dog's primary trainer, it is a must for you to understand how to communicate with them to help them grow into the canine companion that you would like for them to become.

Clinic II: Monday, Oct. 21 6:00 - 7:00 pm

Look, sit, come, stay & wait (perfect for teaching the dogs not to dash out the door).

Clinic III: Monday, Nov. 18 6:00 - 7:00 pm

Look, sit, come, down & settle (ideal for having the dogs chill while company is over).

Clinic IV: Monday, Dec. 9 6:00 - 7:00 pm

Look, sit, come, leave it & drop it (a must if the dog snags an item they shouldn't have).

Contact Ashleigh Morris at (434) 589 -7209 or aymorris@hotmail.com with any questions.

Ashleigh Y. Morris, President of No Place Like Home Pet Services & Instructor at the Fluvanna Dog Spot.

Office Hours: M-F 9am-6pm *due to the nature of the business I am frequently out and about during office hours-I will do my best to get back to you as quickly as possible. E-mails and messages are not checked on weekends.

Register online at <https://fluvanna.recdesk.com>

ENRICHMENT

FLUVANNA MOTHERS PLAY GROUP

Infants - 6 / Tuesdays / Begins Aug 20 / 10 am - 12 pm / \$5 per year / Carysbrook Gym

This is a weekly playgroup designed for children birth to age 6. Our play area in the gym includes toys and play mats for your child to enjoy. We encourage parents and caretakers to play with the children and socialize in our kid-friendly environment. In order to fund all of our events, purchase cleaning supplies, and to buy new toys and bins, we ask for \$5 per child. Also, if you would like to donate any toys to the group, feel free to bring them. (Please, NO stuffed animals due to cleaning and storage issues.)

Please contact Adrianna Wilder at carysbrookplaygroup@gmail.com * Volunteers Needed!

CARD AND PAPER CRAFTING

Ages 12+ / See Dates Below / 11 am – 12:30 pm / \$10 / Fluvanna Community Center

Create one-of-kind Greeting Cards, Birthday Cards, Father's Day Cards, etc.

Gift Boxes and Wrapping techniques.

Session 1: Saturday, Aug 24

Session 2: Saturday, Sep 28

For questions please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org

TWEEN GAME NIGHTS / FREE / County Tweens Welcome! / Enter at Main Gate

Ages 10 - 13 / Dates to be Determined / 7 pm - 10 pm / Lake Monticello Clubhouse

Tell the main gate you're here for Teen Night. Must be signed-in and signed-out by an adult.

Get ready for some competition! Ping Pong and board games. Light refreshments provided.

Door Prizes! Raffle!

We will be posting updates on our Facebook page:

www.Facebook.com/FluvannaParksandRecreation

Pleasant Grove's New Farm Heritage Museum

The Farm Heritage Museum is a joint project of Fluvanna County and the Historical Society.

Completed in early 2018 the museum placed 2nd in the National Frame Building Associations annual awards category out of thousands of entries nation wide. The new museum will display historic farm equipment related to Fluvanna's rich agricultural history.

Farm Heritage Museum Hours:

Monday - Wednesday - Friday,

10 am - 2 pm

Saturday and Sunday,

12 - 4 pm

Ask museum attendant for entry.



WINTER BREAK DAY CAMP

Ages 6-12 / \$120 / Jan 2 & 3 / 8 am –5 pm / Carysbrook Gym

Looking for some fun this Winter Break?

Let's visit the Escape Room, go Snow Tubing and then go to the Indoor Waterpark at Massanutten!
Schedule is subject to change and will be finalized the week before camp.

For questions, please contact Eric Armentrout at (434) 842 - 3150

or earmentrout@fluvannacounty.org



Register online at <https://fluvanna.recdesk.com>

For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org



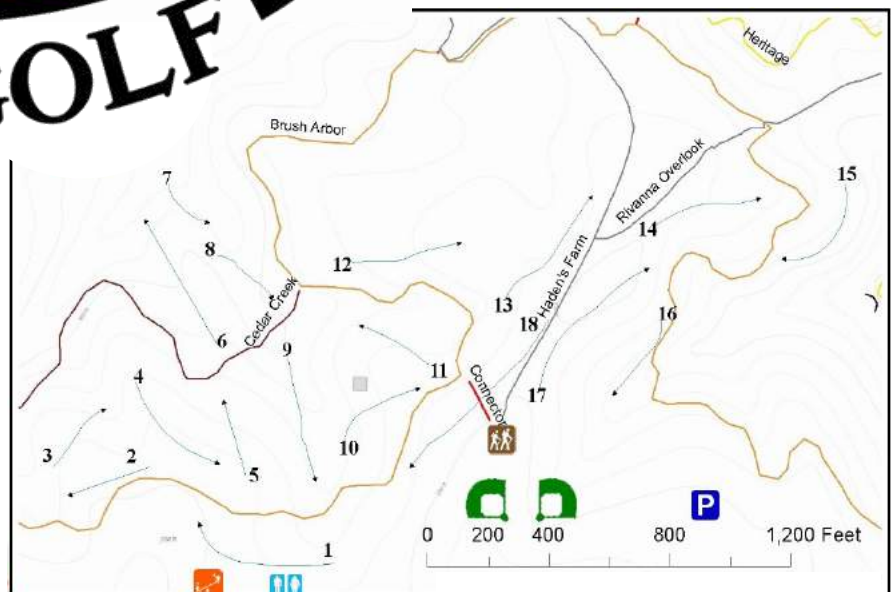
***We have opened all 18 holes
of our disc golf course!***

***Access the disc golf course
between the soccer and
baseball fields.***

***Don't have a disc?
We rent Disc Golf Sets!***

Rentals: Disc golf sets are for rent from the Pleasant Grove House Museum for **\$5 per Set**, including disc carrying bag.

\$50 security deposit for each disc golf set rented.



Call the Pleasant Grove House at (434) 589-2016 for info about the Disc Golf course.

OUTDOOR ACTIVITIES

LLAMA TREKS AT PLEASANT GROVE PARK

Ages 10+ or with accompanying adult / Limit 6 participants per trek / \$50 / Pleasant Grove Park

SESSION 1: Sunday, Oct 13, 2 pm

SESSION 2: SUNDAY, Nov 10, 2 pm

Enjoy a leisurely walk in the woods with a llama as your companion. Guided along roughly 3 miles of trails at Pleasant Grove, learn about llamas and the local flora and fauna along the way. Each person, gets to walk their own llama. Younger children may accompany an adult. Each walk has room for up to 6 people. Bottled water provided. Please wear appropriate shoes for a hike in the woods as we will be crossing creeks. No flip flops, clogs or open-tied shoes. Space limited, must register in advance. We will meet in the equine parking area of Pleasant Grove Park. **Trek Leaders:** Heather Antonacci and Paige McGrath - Lower Sherwood Llamas.



For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org

HORSEBACK RIDING CLASSES AT EQUUS SPRINGS FARM

Hunt Seat and Western Lessons Available / Instructor: Heather Antonacci

INTRODUCTION TO HORSEBACK RIDING

Ages 5 - 95 / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class

Little or no riding experience. Learn grooming, tacking, and riding.

Session 1:	Sept 7 - Sept 28	Saturdays	9:00 - 10:00 am
Session 2:	Sept 12 - Oct 3	Thursdays	6:00 - 7:00 pm
Session 3:	Oct 4 - Oct 25	Fridays	4:30 - 5:30 pm
Session 4:	Oct 19 - Nov 9	Saturdays	9:00 - 10:00 am
Session 5:	Nov 14 - Dec 12	Thursdays	4:30 - 5:30 pm
Session 6:	Nov 29 - Dec 20	Fridays	4:30 - 5:30 pm



BEGINNER HORSEBACK RIDING

Ages 6+ / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class

Beginners with experience who are able to trot independently and control speed and direction of horse.

Session 1:	Sept 6 - Sept 27	Fridays	6:00 - 7:00 pm
Session 2:	Sept 21 - Oct 12	Saturdays	9:00 - 10:00 am
Session 3:	Oct 3 - Oct 24	Thursdays	4:30 - 5:30 pm
Session 4:	Nov 2 - Nov 23	Saturdays	9:00 - 10:00 am
Session 5:	Nov 22 - Dec 13	Fridays	4:30 - 5:30 pm



INTERMEDIATE HORSEBACK RIDING

Ages 8+ / See Dates & Times Below / \$100 / Equus Springs Farm / 4 week class

For those with lots of experience; must be able to canter and jump 18" or lope patterns safely in a group.

Session 1:	Sept 18 - Oct 9	Wednesdays	4:30 - 5:30 pm
Session 2:	Oct 18 - Nov 8	Fridays	4:30 - 5:30 pm

For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org

OUTDOOR ACTIVITIES

INTRO to KAYAKING

Ages 18+ / Saturday, Sep 21 / 2 - 5 pm / \$25 Meets at the Palmyra VDGIF Boat Launch on Route 53 (Thomas Jefferson Parkway)

Learn the basics of kayaking and safety afloat as you paddle down the Rivanna River from Crofton to Palmyra. Kayak, paddle and lifejacket (PFD) provided.

Must register in advance. Class size limited to 8 participants.

For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org

RIVANNA RIVER HISTORY FLOAT

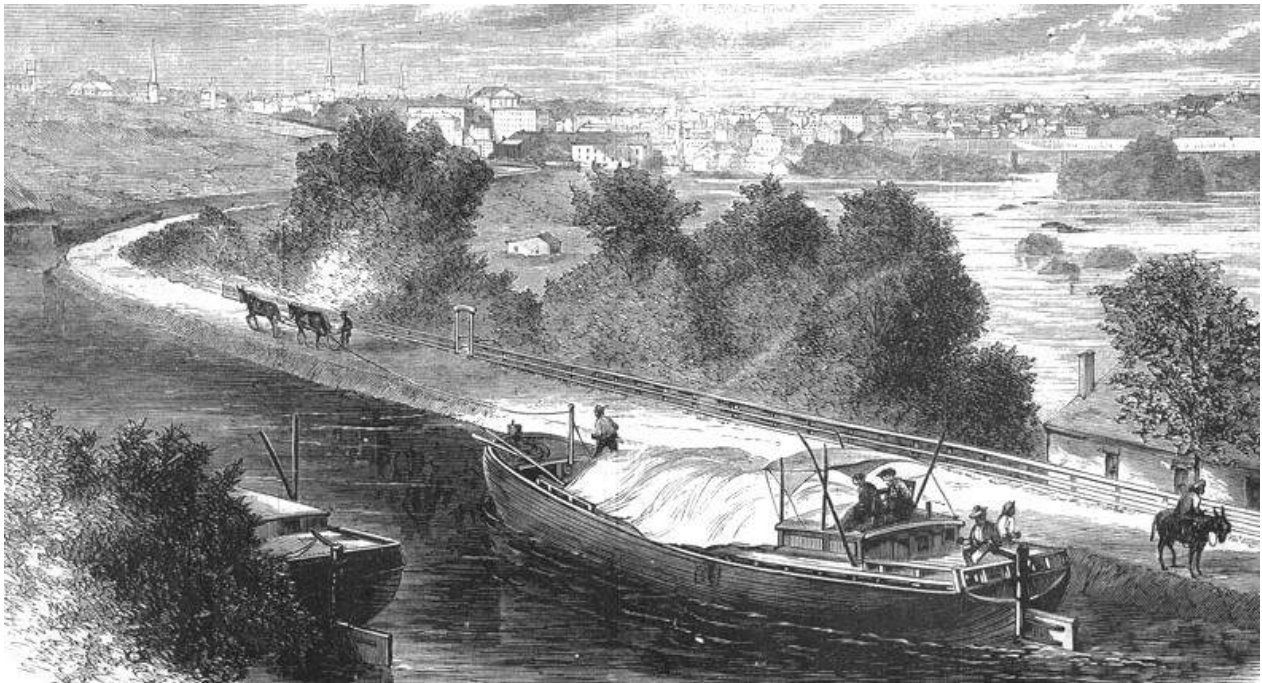
Ages 18+ / Sunday, Sep 22 / 9 am - 4 pm / \$20 Meets at the Palmyra VDGIF Boat Launch on Route 53 (Thomas Jefferson Parkway)

Take a leisurely and educational float down the Rivanna River from Crofton to Palmyra. Guided by local historian and boatman Brian Coffield. You will stop and visit historic sites and structures that were an integral part of commercial navigation on the Rivanna in the 18th and 19th centuries.

Participants responsible for boat/paddle/life jacket, etc. (rentals available for \$10).

Meets at the *Palmyra VDGIF Boat Launch* – shuttle is provided. *Paddling experience required*. You must be able to carry one end of a boat and assist in lifting it onto a trailer. Participants may bring their own boat, paddle and PFD, or arrange for a rental boat. All participants should bring their own snacks, lunch, water, insect repellent, sunscreen, hat and river shoes. **Must register in advance.**

For questions, please contact Eric Armentrout at (434) 842 - 3150 or earmentrout@fluvannacounty.org



Learn about Fluvanna's vibrant past, and the life of canallers, as you paddle down the Rivanna River.

In the event of inclement weather, water activities sponsored by FCPR will be postponed or canceled .
Visit our Facebook page @ www.facebook.com/FluvannaParksandRecreation for current announcements or call (434) 589-2016 or (434) 842-3150, Monday - Friday 8am - 5pm.

It's a Wonderful Life, Fluvanna



2019 Holiday Celebration

Please join us for Holiday Cheer and fun for the whole family!

***PLEASANT GROVE PARK OPEN HOUSE:** Friday, December 13, 6 - 8 pm

Santa Tree Lighting * Arts & Crafts * Light Refreshments.

Sponsored by Fluvanna County Parks and Recreation

***HOLIDAY PERFORMANCES:** Saturday December 14, 2 - 4 pm

at Carysbrook Performing Arts Center * FREE 4x6 photo with Santa Claus *

**Entry fee for events is a canned good donation or non-perishable food item to benefit MACAA*

Sponsored by Fluvanna County Parks and Recreation

HOLIDAY CELEBRATION FOR SENIORS: Wednesday, December 18, 11 am-2 pm

at the Fluvanna Community Center.

This free event is for all of our Active Adult Center Members. Visitors 55 and over are also welcome to sign up! Enjoy a nice holiday lunch, draw for raffle prizes, and give some local preschoolers a very special day with a visit from Santa Claus!

Must RSVP by Wednesday, December 4 by calling (434) 842-3150 or emailing Faith Stuart at fstuart@fluvannacounty.org

Sponsored by JABA and Fluvanna County Parks and Recreation

Events and locations subject to change. Check for updates and a complete list of holiday events on our Facebook page <https://www.facebook.com/FluvannaParksandRecreation>





Community Safety Day



Sponsored by the
Fluvanna County Sheriff's Office

Fire, Rescue and Other Safety Agencies

Saturday, September 7

Pleasant Grove Park, Palmyra, VA

9:00 am - 2:00 pm

Live Demos & Simulations

FREE

Win Prizes!

FREE



Emergency Preparedness * Gun Safety * Bike Safety * Car Seat Safety * K-9 demonstrations
Fire Safety * CPR Demonstrations * D.A.R.E * Water safety * Boat Safety * Cyberbullying
911 Simulation * Drug Take Back * Helmet Safety * Drunk Driving Goggles Simulation * Motorcycle
Safety * Self Defense * MADD * Child Fingerprinting/ID * Boat Safety * Red Cross * SWAT Demo
UVA Poison Control * UVA Trauma Unit * Infant Safety * Alzheimer Education * Gas Safety
ATV Safety * Suicide Prevention * Fall Prevention * PEGASUS HELICOPTER
SCANEd Teen Demonstration * Earthquake/Flood Education/Insurance * Firearm Safety
Teen Safe Driving * Pet Safety * Bank Fraud * Internet Safety * ...and more!

FLUVANNA COUNTY LIBRARY PROGRAMS

2019 Fall Events @ Fluvanna Library

Tuesday Morning Story Time

August 20 – December 10 - Tuesdays at 10 a.m.

Join us for some Mother Goose on the Loose, fun stories, and songs. Infants to Preschool.



Friday Morning Story Time

August 23 – December 13 - Fridays at 10 a.m.

Join us for some fun stories and alternating weeks of a craft or STEM activities. Preschool.

Friday Movies @ the Library

Every 1st and 3rd Fridays all year long at 2 & 7 p.m.

Contact the Library for titles at (434) 589-1400 or via email at fluvannalibrary@gmail.com

Sponsored by the Friends of the Library

Library STEAM Lab

Friday, August 30 - 3-4 p.m.

Calling all minds! Join us for fun hands-on STEAM activities.



Afterschool Movie

Tuesday, September 24 – 2 p.m. Movie – TBD (FREE POPCORN!)

Contact the Library for titles at (434) 589-1400 or via email at fluvannalibrary@gmail.com

Sponsored by the Friends of the Library.

Moonlight Madness

Saturday, October 5 – 6:30-8:30 p.m.

Come and observe the moon, enjoy moon related activities and a “Howl at the Moon the Loudest” contest at 7 p.m. Fun for the whole family!



“No School Today” Activities & Movie

Friday, October 11 - 1 p.m. Activities & 2 p.m. Movie – TBD (FREE POPCORN!)

Contact the Library for titles at (434) 589-1400 or via email at fluvannalibrary@gmail.com

Sponsored by the Friends of the Library.

Winter Reading Program @ the Library

Calling all kid, teen, and adult readers! Sign-up beginning Monday, December 9. Cool prizes.

Winter Break @ the Library

Tuesday, December 24 – Friday, January 3

Stay tuned for lots of great activities over the Winter Break at the Library.

All programs are sponsored by the Friends of the Library. Movie titles are on our webpage at www.fcplva.org or contact the Library at (434) 589-1400 or via email at fluvannalibrary@gmail.com

Special programs, tours and workshops are available for groups and can be scheduled upon request.

Please contact the Library for more information or with any questions at: Fluvanna County Public Library, 214 Commons Blvd., Palmyra, VA 22963 - (434) 589-1400 or via email at fluvannalibrary@gmail.com



Pleasant Grove Park: A Natural Experience

Virginia Master Naturalist led monthly hikes at on the Second Saturday of each month except December:

- ◆ **September 14** – Meet at turnabout (on the way to the sports fields) at 10 AM to hike the Quail Meadow Trail through the wildlife meadows. You will experience the variety of birds, plants and animals that inhabit these grasslands, long prized by Native Americans.
- ◆ **October 12** – Meet at the Rail Trail Trailhead (County Courthouse parking lot) at 10 AM to hike the Rail Trail to view the beginning of Fall seasonal changes in the woods and how these changes affect our wildlife habitats.
- ◆ **November 9** - Meet at the Dog Park upper picnic shelter at 10 AM to hike the River Anne Trail to look for animal signs, tracks and artifacts. Return via the Sandy Beach Trail as we observe wildlife in the sloughs and wetlands along the Rivanna River.
- ◆ **January 11** – Meet at the Nature Room at the Pleasant Grove House Summer Kitchen at 10 AM to see our collection of nature artifacts including bird nests and eggs, animal skulls and bones, mounted birds, etc. Then join us as we visit the Butterfly Garden to observe how the habitat appears in Winter.
- ◆ **February 8** – Meet at the Pleasant Grove Museum House Nature Room at 10 AM to hike the Self Guided Nature Trail. You'll learn about the many ways nature is alive at the Park and gain an appreciation of the various Park wildlife habitats, native plants and animals.

The following nature experience opportunities are available whenever you visit Pleasant Grove:

- ⇒ Visit the Nature Room at the Pleasant Grove House Summer Kitchen to see the interpretive exhibits, animal artifacts and mounted birds.
- ⇒ Take the self-guided nature hike starting at the kiosk behind the caretaker's house (brochure available).
- ⇒ Visit the native plant Butterfly Garden (brochure available).
- ⇒ Take a hike on one of the 23 trails covering over 20 miles (Trail Map with habitat descriptions available).
- ⇒ Hike through one of the 4 Wildlife Meadows and observe the wildflowers, native grasses and animal wildlife (see Trail Map).
- ⇒ Go birding - Pickup a birding checklist and go walking in the Park (bird id field guides available).
- ⇒ Hike the Tree ID Trail behind the Library to observe 24 native tree species identified by interpretive plaques (children scavenger hunt brochures available, with prizes for completion, at the Library).
- ⇒ Observe one of the Bluebird, American Kestrel, Bat or Eastern Screech Owl Nesting Boxes in the Park.



Brochures, guides and maps are available at the Farm House, the Nature Room (in the Summer Kitchen), the Library, and many kiosks in the Park.

Also visit www.rivannariver.org to find out about other nature opportunities in Fluvanna County including nature hikes at Scheier Natural Area, with 100 acres, 8 ponds and 3 miles of hiking trails.

**Check trail conditions the day of the hike at [www.Facebook.com/FluvannaParksandRecreation](https://www.facebook.com/FluvannaParksandRecreation)
or call the Pleasant Grove House Museum at (434) 589-2016**

Share the Trail

Pleasant Grove Park has multi-use trails.

Please be considerate of other visitors.



The yield triangle is an effective technique to share the trails. The first rule is all horse users have the right of way at all times. All trail users should engage in communication with stock and horse users to allow them to pass in the safest way possible. Yield to horse users by stepping to the downhill side of the trail.

The second rule is that bikers yield to all other trail users on a multi-use trail. Bikers hold a mechanical advantage, and should be in control of their speed at all times on a multi-use trail.

The third rule is that hikers must be aware of their surroundings and yield to horse users and have the right of way when seeing a biker.

When downhill and uphill trail users meet it is common practice for uphill hikers to have the right of way. This is because starting and stopping when traveling uphill is considered much more difficult than traveling downhill. Therefore when downhill trail users see uphill trail users coming these users should locate a safe and durable spot to step aside.

Thank you for being safe and sharing the trails at Pleasant Grove Park.

Hiking Trail Added to Fluvanna Parks and Recreation Trail System

Thanks to the Fluvanna Heritage Trail Foundation, the Heritage Rail Trail is now part of the Parks and Recreation Trail System. Located in the Village of Palmyra, the Heritage Rail Trail is a half-mile trail that follows the former route of the Virginia Air Line Railway. The railway was a popular local spur that connected Fluvanna County to Charlottesville and Richmond through the 1930s. Parking for the Heritage Rail Trail is across from the Civil War Park in the Village of Palmyra. With a new monument just recently dedicated to the Emancipation Proclamation, Palmyra is well worth the visit, especially for history enthusiasts and genealogists. Visitors to the Heritage Rail Trail are also encouraged to see the Old Stone Jail, a museum run by the Fluvanna County Historical Society, and "Maggie's House," the society's offices and archives.

Good weather is right around the corner, so come out for a hike with FCPR!



**FLUVANNA
PARKS & RECREATION**

LEAVE NO TRACE PRINCIPLES

1. Plan Ahead and Prepare
2. Stay On Trails
3. Dispose of Waste Properly
4. Leave What You Find
5. No Campfires
6. Respect Wildlife
7. Be Considerate of Other Visitors



To learn more and to get involved in our community please visit www.FluvannaCounty.org or www.LNT.org or like us on Facebook www.Facebook.com/FluvannaParksandRecreation

RENTALS & RATES

Fluvanna County Parks and Recreation rents facilities for weddings, receptions, meetings, conferences, lectures, dances, luncheons, parties and family reunions. Facilities and equipment are listed below. Refunds may be given when requested ONE WEEK PRIOR TO THE START OF THE RENTAL. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule.

Pleasant Grove Park

Athletic Fields: \$10/hour

Baseball, Softball, Soccer

Tournaments: \$75/day

Pole Barn: \$75/day - \$100 Deposit

Utilities: \$25/day

Horseback Trails: \$8/ Daily

Outdoor Stage: \$100/day - \$100 Deposit

Meeting Room: \$10/hour - \$100 Deposit

Eastern Trailhead Pavilions (Dog Park)

Large Pavilion: (40 people):

\$50/day - \$100 Deposit

Small Pavilion: (25 people):

\$25/day - \$100 Deposit

Fluvanna Community Center

Meeting Room: \$20/hour - \$100 Deposit

Auditorium: \$75/hour - \$100 Deposit

Staffing Fee (after hours): \$15 hour

Carysbrook Sports Complex

Athletic Fields: \$10/hour- \$100 Deposit

*with lights \$20/hour

Tournaments: \$75/day - \$100 Deposit

Gymnasium: \$50/hour- \$100 Deposit

*with tarp \$75/hour

Staffing Fee (after hours): \$15 hour

Carysbrook Performing Arts Center

Auditorium: \$75/hour - \$100 Deposit

Staffing Fee (after hours): \$15 hour

Civil War Park

Downtown Palmyra, VA

1/2 acre with picnic tables, near the

Old Stone Jail Museum

Tables

Rectangular: \$3 each per day - \$50 Deposit

Round: \$5 each per day - \$50 Deposit

Chairs

\$1 each per day - \$50 Deposit

Big Tent

18' x 30' Tent Canopy

\$100/day - \$100 Deposit

Small Tent

14' x 20' Tent Canopy

\$75/day - \$100 Deposit



CANOE LIVERY at PLEASANT GROVE

RENT CANOES and KAYAKS / \$25 per day, \$45 per weekend / \$100 security deposit per boat. Call (434) 589-2016 to arrange rental. Includes paddles and Personal Floatation Device (Lifejacket).



FLUVANNA PARKS & RECREATION

Fluvanna County Parks and Recreation (434) 589-2016 or (434) 842-3150

www.fluvannacounty.org/parksrec

Registration Form



PAYMENT MUST ACCOMPANY THIS FORM
 MAKE CHECKS PAYABLE TO "FCPR"
 P.O. Box 70, PALMYRA, VA 22963 (434) 589-2016

First Name _____ Middle Initial _____
 Last Name _____ Birth Date __/__/__ Gender M/F

Mailing Address _____

Email Address _____

Home Phone _____ Mobile Phone _____

Emergency Contact: Name _____ Phone _____

Shirt Size: Youth Adult Small Medium Large X-Large

Special Needs/Disabilities _____ Allergies _____

Household Members:

Name: _____ Birth Date: ____/____/____

Name: _____ Birth Date: ____/____/____

Name: _____ Birth Date: ____/____/____

Name: _____ Birth Date: ____/____/____

Activity Title	Date(s)	Time(s)	Fee (non-resident add 15%)

Assumption Of Risk

I understand the nature of the activity in which I am (my child is) being enrolled. I understand that there are certain risks inherent with participating in recreational activity and that it is the duty of each participant to exercise reasonable care for their own safety and that of other participants. If this consent is given for my child, I also understand that, while participating in the activity, my child will be expected to behave in a reasonable and responsible manner and that the activity's supervisory staff has the authority to discipline my child in a manner similar to that imposed in Fluvanna County's public schools. I understand that under Virginia law, both Fluvanna County and its employees are immune from liability for negligence should I (my child) suffer any injury while participating in the activity and that I may consider procuring insurance to protect myself (my child) from such occurrences. With all this in mind, I hereby give my consent to enroll myself (my child) in the activity indicated. I also agree for my child to be transported by Parks and Recreation to the appropriate facility for my child to participate in such class if needed.

Signature of Participant or Legal Guardian if under 18 years of age _____ Date: _____

Print Legal Guardian's name for participants under 18 years of age: _____

Refund Policy: Refunds may be given when requested provided the request is made prior to the start of the activity. A \$10 service charge will be deducted from the refund unless the cause is due to a change in the class schedule. If supplies were purchased on your behalf, that amount may also be deducted from your refund. Allow up to 30 days for your refund to be returned. A \$20 service charge will be assessed for any returned checks.

Office Use Only: Rec'd Date _____ By _____ Check # _____ Cash _____ CC _____

FLUVANNA COUNTY PARKS AND RECREATION FACILITIES

Pleasant Grove House Museum & Welcome Center

271 Pleasant Grove Drive
Palmyra, VA 22963
(434) 589-2016

- Parks and Rec Office
- County Welcome Center
- Transportation Museum
- Summer Kitchen
- Nature Room

www.fluvannacounty.org/parksrec

Fluvanna Community Center

5725 James Madison Highway
Fork Union, VA 23055
(434) 842-3150

- Parks and Rec Office
- Fork Union Active Older Adults Center
- Playground
- Classrooms
- Rentals All Year Long

Pleasant Grove Park and Western Trailhead

271 Pleasant Grove Drive
Palmyra, VA 22963

- Hiking, Biking and Equestrian Trails
- Pole Barn
- Playground
- Athletic Fields, including Disc Golf
- Butterfly Garden
- Outdoor Stage

Carysbrook Sport Complex

8788 James Madison Highway
Fork Union, VA 23055

- Athletic Fields
- Gymnasium
- Playground
- Picnic Shelter

[Event Updates, Photos and Trail Info...](#)

[www.Facebook.com/
FluvannaParksandRecreation](http://www.Facebook.com/FluvannaParksandRecreation)

Pleasant Grove Dog Park and Eastern Trailhead

110 Thomas Jefferson Parkway
Palmyra, VA 22963

- Dog Park with 3 fenced areas for large and small dogs
- ADA Trailhead
- Picnic Shelters
- Fitness Trail
- Hiking Trails

Carysbrook Performing Arts Center

8880 James Madison Highway
Palmyra, VA 23055

- Various Performances
- Rental Options

Civil War Park

Palmyra, VA 22963
1/2-acre with picnic tables, next to the Old Stone Jail Museum

FLUVANNA COUNTY COMMUNITY PARTNERS

Fluvanna County Extension Office

5725 James Madison Highway
Fork Union, VA 23055
(434) 591 - 1950

Fluvanna County Library

214 Commons Boulevard
Palmyra, VA 22963
(434) 589 - 1400

School Board Office

14455 James Madison Highway
Palmyra, VA 22963
(434) 589 - 8208

Sheriff's Office

160 Commons Boulevard
Palmyra, VA 22963
(434) 589 - 8211

Fluvanna County Historical Society

14 Stone Jail Street or PO Box 8
Palmyra, VA 22963
(434) 589 - 7910
fluvannahistory@gmail.com

Jefferson Area Board for Aging

674 Hillsdale Dr. Ste. 9
Charlottesville, VA 22901
(434) 817 - 5222
jabacares@gmail.com

Fluvanna Heritage Trail Foundation

PO Box 501
Palmyra, VA 22963
(434) 589 - 4839

Fluvanna Master Gardeners

(434) 591 - 1950
www.fluvannamg.org

Fluvanna Arts Council

Box 210
Palmyra, VA 22963
(434) 842 - 1333
Info@Carysbrook.org

Social Services

8880 James Madison Highway
Fork Union, VA 23055
(434) 842 - 8221

Fork Union Military Academy

4744 James Madison Highway
Fork Union VA 23055
(434) 842 - 3212

Boy Scouts of America

www.bsa-sjac.org/districts/monticello

Fluvanna Farm Bureau

15905 W. River Road
Fork Union, VA 23055
(434) 842 - 3411

Virginia Department of Game and Inland Fisheries

(540) 899 - 4169
www.dgif.virginia.gov

Child Services Act

132 Main Street
Palmyra, VA 22963
(434) 591 - 1933

Chamber of Commerce

177 Main Street
Palmyra, VA 22963
(434) 489 - 3262

Youth Advisory Committee

www.fluvannayac.org

Partnership for Aging

Curtis Putnam
(434) 906-8400

Fluvanna Art Association

www.fluvannaartassociation.com

Department of Social Services

8880 James Madison Highway
Fork Union, VA 23055
(434) 842 - 8221

Girl Scouts of Virginia Skyline

www.gsvsc.org



Like us on
Facebook

[Event Updates, Photos and Current Trail Info...](#)
www.Facebook.com/FluvannaParksandRecreation

FLUVANNA SPORT ORGANIZATIONS

BASKETBALL

Fluvanna County Parks & Recreation
(Fall & Winter) Ages 3 - 17
Contact: Dylan Morris
(434) 589 - 2016
dmorris@fluvannacounty.org

TENNIS

Camp Friendship Tennis Center
Contact: Alina Ackenbom
(434) 589 - 5867
alina@campfriendship.com
www.friendshiptennis.com

BASEBALL

Fluvanna Youth Baseball
(Spring)
Ages 4 - 15
Baseballfluvannayouth@gmail.com
fluvannayouthbaseball.com

SOFTBALL

Fluvanna Girls Softball League
(Spring & Fall) Ages 5 - 18
Contact: Tiffany Rosales
(434) 242 - 1933
fluvannasoftball@gmail.com
www.fluvannagirllsoftball.com

FOOTBALL

Jefferson District Youth Football League
(Fall) Ages 8 - 14
Fluvanna County Contact:
Doug Snyder
flucofootballmom@gmail.com
www.TJFYL.net

SOCCER

Fluvanna Youth Soccer Association
(Spring & Fall)
Littler Strikers & U5 - U14
Contact: Tom Beckham at
FYSAforce@aol.com
www.fysa.org\

LACROSSE

Fluvanna Lacrosse Club
Boys 2 - 8 Grade
Recreational Clinics and League Play
fluvannalaxclub@gmail.com

DANCE

Flutter Wheels Square Dance Club
Contact: Faith or Dan
(434) 842-9020

SWIMMING

Lake Monticello Swim Team
(Summer)
Contact: Kirsten Weimer
lmstsharks@gmail.com
https://lmstsharks.club

Fluvanna Aquatics Sports Team FAST (Summer)

Contact: Coz DiFazio
(434) 326 - 5566
Cos.difazio@gmail.com
www.iswimfast.com

Fork Union Military Academy Aquatic Club

(Summer)
Contact: Ryan Campbell
campbellr@fuma.org
(434) 842 - 4210



Pleasant Grove House Museum

A slice of Fluvanna history resides in the renovated Pleasant Grove House, Summer Kitchen and Farm Heritage Museums. Showcasing the history of transportation and agriculture in Fluvanna County. Pleasant Grove House also serves as Fluvanna County Parks and Rec's main office and the County Welcome Center.

Office Hours: Monday - Friday, 8 am - 5 pm
Museum Staff Guided Tour Hours:
Monday, Wednesday and Friday
10 am - 2 pm
Saturday and Sunday
12 - 4 pm

Address:

271 Pleasant Grove Drive
Palmyra, VA 22963
Phone: (434) 589 - 2016



The Pleasant Grove House Museum, built by William D. Haden in 1854, is now the headquarters for Fluvanna County Parks and Recreation.